

ISE



INTERNATIONAL SCHOOL  
EASTERN SEABOARD



2025-2026

#23

Feb 13th



Celebrating Cultures,  
Learning Together

## Upcoming Events

- Feb 14 - 22 ISE Break
- Feb 17 - 19 Lunar New Year
- Feb 23 Faculty In-Service Day (No students)
- Feb 24 Students returning after the break
- Feb 26 SS Korean fieldtrip
- Feb 24 to IB Mock Exams
- Mar 6
- Feb 28 MUN Conference
- Feb 28 HarmoniQ - Open House



Tuesday after break:

**B DAY**

### CONTACT US:

Have questions?  
Reach out to us—we'd love  
to hear from you!  
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# ISE COMMUNITY International Day

## International Day at ISE

Today our school came together to celebrate a joyful multicultural festival filled with color, pride, and community spirit. The celebration began with a beautiful flag parade led by Thai students with traditional drums and music, followed by representatives proudly greeting the audience in their own languages. After opening remarks from our Head of School, the talent show showcased wonderful performances by students, teachers, and families representing cultures from around the world.

Throughout the day, each grade hosted interactive country booths featuring games, learning displays, and cultural activities, giving everyone the chance to explore global traditions. Our community also enjoyed a delicious international buffet with dishes from many countries.

The event concluded with awards recognizing students' creativity, effort, and teamwork. A heartfelt thank you to our International Day Committee—Kristina, Andrea, Ryu, Genna, and Khun Pang—and to our entire community for making this celebration such a meaningful success!  





**ISE**  
**COMMUNITY**  
**International Day**  
**Flag Parade**





**ISE  
COMMUNITY  
International Day  
Talent show**



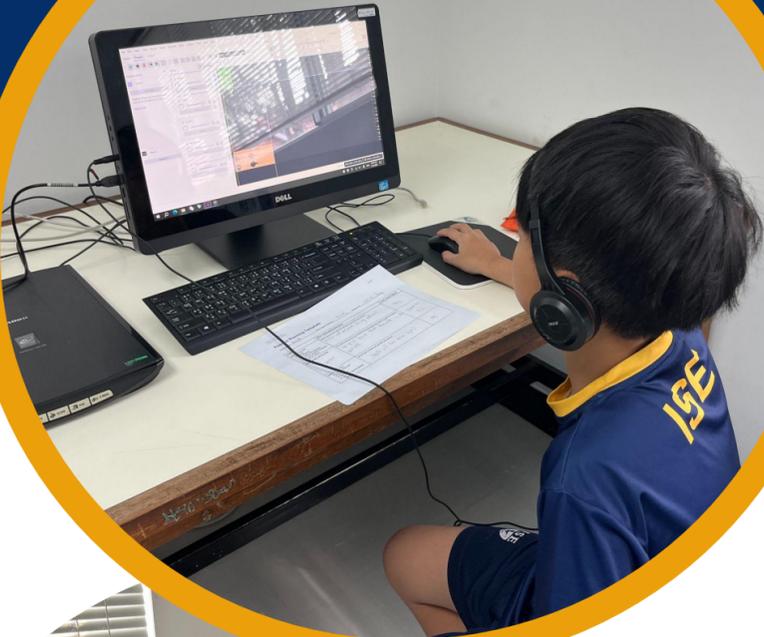


**ISE**  
**COMMUNITY**  
**International Day**  
**Activities**





# Elementary School ICT G3



In this unit, students are learning about audio production. Throughout the unit, they plan and produce their own short podcast episodes, record audio, import and edit their recordings using layering and multiple tracks, and apply audio engineering skills.





## Elementary & Secondary School PE Physical Education



Over the past few weeks, our PE classes have been exploring our Net Games unit. Students have been building skills such as striking, serving, teamwork, coordination, and game strategy. The games include badminton, nitroball, volleyball, table tennis, and pickleball.

We're proud of the effort and enthusiasm our students have shown—keep it up, Eagles!





# ISE LUNCH MENU

## WEEKLY LUNCH MENU

9 FEB - 13 FEB 2026

9 FEB  
**MON**



**Option 1 (90 THB)**

Spicy zesty chicken  
rice with fried egg



**Option 2 (70 THB)**

Chicken spaghetti  
carbonara



**Additional**  
Seasonal Fruit  
Juice

10 FEB  
**TUE**

**Option 1 (90 THB)**

Japanese pork  
katsu curry with  
fried egg



**Option 2 (70 THB)**

Yentafo noodles  
with minced pork



**Additional**  
Seasonal Fruit  
Juice

11 FEB  
**WED**

**Option 1 (90 THB)**

Chicken steak with  
french fries



**Option 2 (70 THB)**

Braised chicken  
noodles



**Additional**  
Seasonal Fruit  
Juice

12 FEB  
**THU**



**Option 1 (90 THB)**

Sticky rice with  
fried pork and spicy  
pork salad



**Option 2 (70 THB)**

Duck noodles



**Additional**  
Seasonal Fruit  
Juice

13 FEB  
**FRI**

**Option 1 (90 THB)**

**Option 2 (70 THB)**

**Additional**

